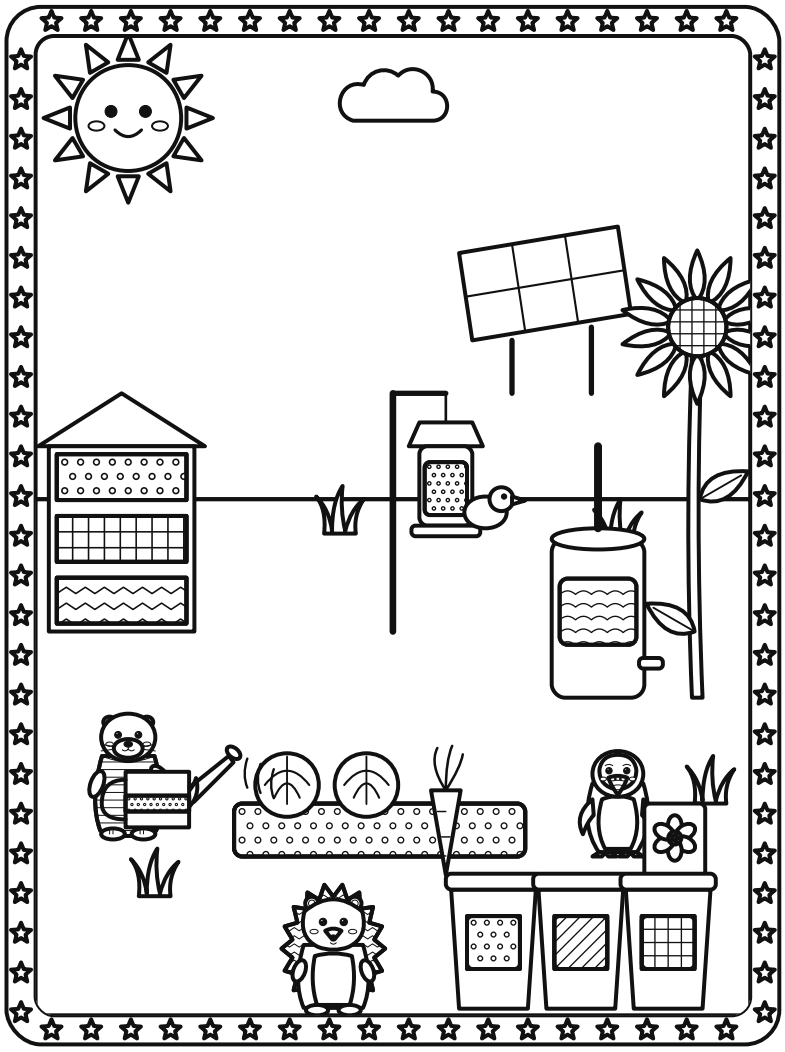
REAL-LIFE SCIENCE

Living Things and Our Planet

Workbook for National 2 Science

Unit: Living Things and Our Planet



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Blewis LEARNING

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How to use this book

This book is about living things and the planet we share. You will explore your body, plants and animals, and find ways to save energy, water and resources. Each topic follows the same pattern, so you always know what comes next.

EACH TOPIC HAS

Opener	the story for the topic, what you will learn and the key words
Learn pages	short explanations with diagrams, and questions to try
Practical	You follow simple picture steps with an adult, tick or draw what you see, and say what you found.
Brain break	a calm puzzle or colouring page
Check-up	a few questions to show what you know, and a checklist

PRACTICAL WORK: STAY SAFE

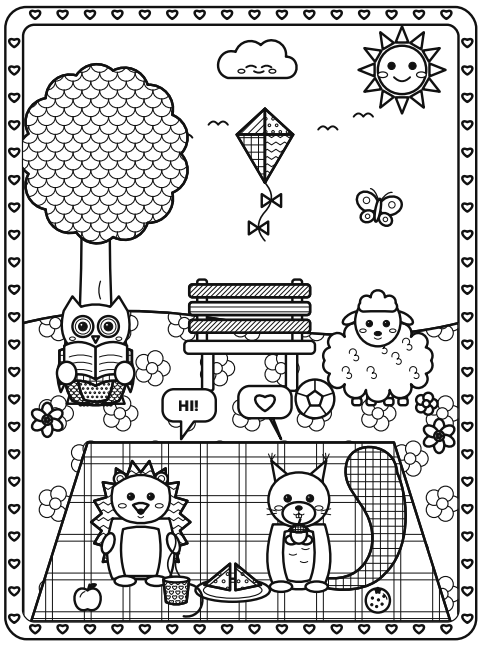
- Only start a practical when an adult says it is OK.
- Read the whole method and the Stay safe table first.
- Tell your teacher about anything that might affect you, like asthma or an allergy.
- Stop and tell an adult if you feel unwell or something goes wrong.

NO LAB TODAY?
Every activity has example results. If you could not do it, use these to fill in the table and the What did I find out? page.

DOODLE CORNERS
Some pages have a doodle corner. Colour it or doodle in it when you need a short break.

Parts of my body

Your body has lots of parts. Each part has a job to do.



Theme: health day. It is health day at Glen Arrin School. Kai wants to find out about the parts of his body.

IN THIS TOPIC YOU WILL LEARN TO

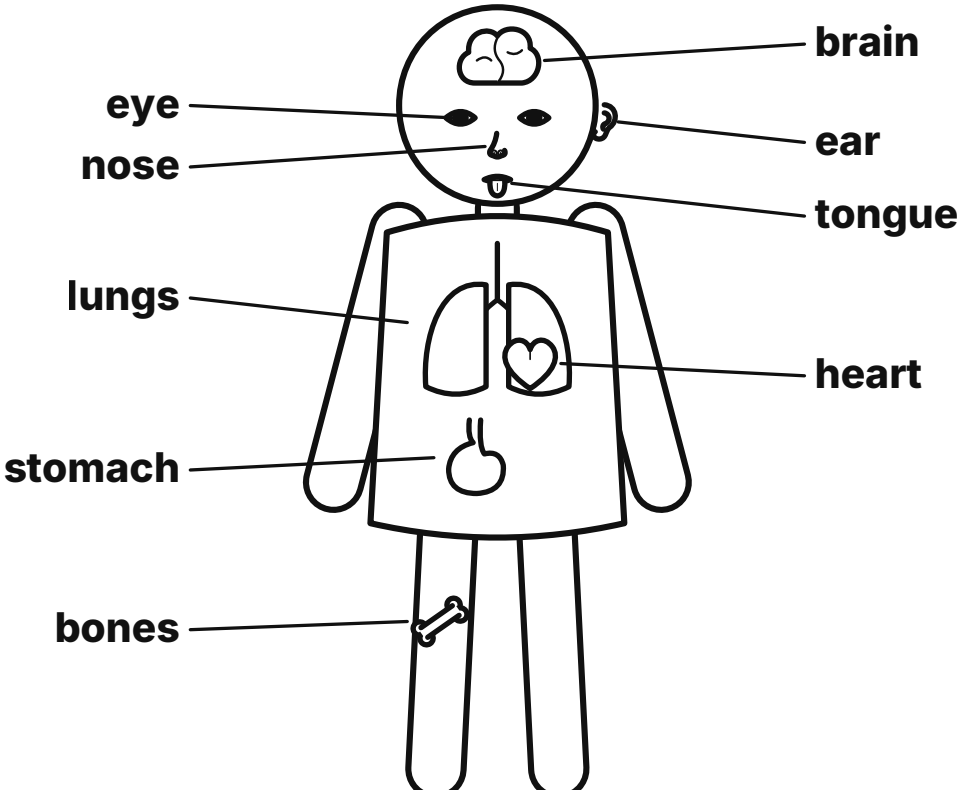
Skill 1	name the main parts of the body
Skill 2	say where each part is
Skill 3	say what each part does

KEY WORDS

Brain	thinks and tells the body what to do
Heart	pumps blood all round the body
Lungs	take in air when you breathe
Stomach	breaks down the food you eat

❶ Where are the parts?

Some parts are on the outside, like your **eyes** and **ears**. Some parts are inside you, like your **heart**.



1 Point to each part on **your** body. Tick it.

☐ **brain** ☐ **heart** ☐ **lungs** ☐ **stomach**

2 Circle the part inside your **head**.

brain **stomach** **lungs**

3 Circle the parts inside your **chest**.

heart **lungs** **tongue**

DOODLE CORNER



❷ What does each part do?

Every part has a job. Your **bones** hold you up. Your **skull** is a bone that keeps your brain safe.

1 Draw a line to match each part to its job.

eyes	help me breathe
ears	help me taste
nose	help me see
tongue	help me smell
lungs	help me hear

2 Which part helps you **think**? Circle it.

brain **stomach** **heart**

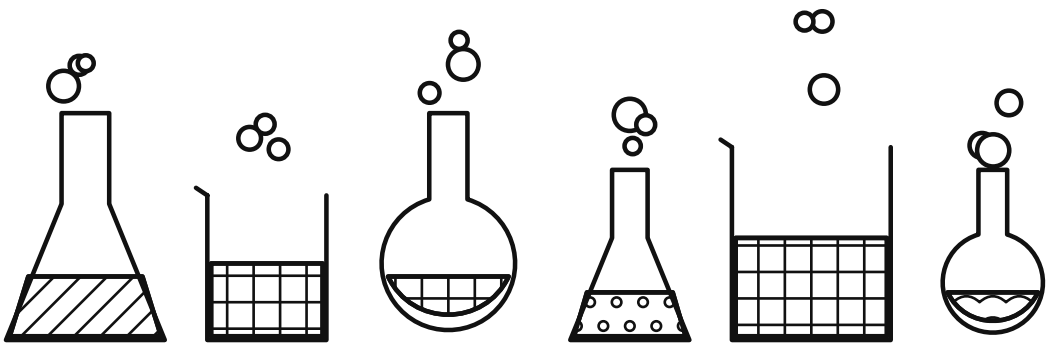
3 Which bone keeps your brain safe? Circle it.

leg bone **skull**

rib



DOODLE CORNER

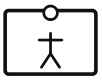


LET'S FIND OUT 1

Make a body map

WE WILL find out where the main parts of the body are.

WHAT YOU NEED


Big sheet of paper


Thick crayon


Body part cards


Glue stick


A partner

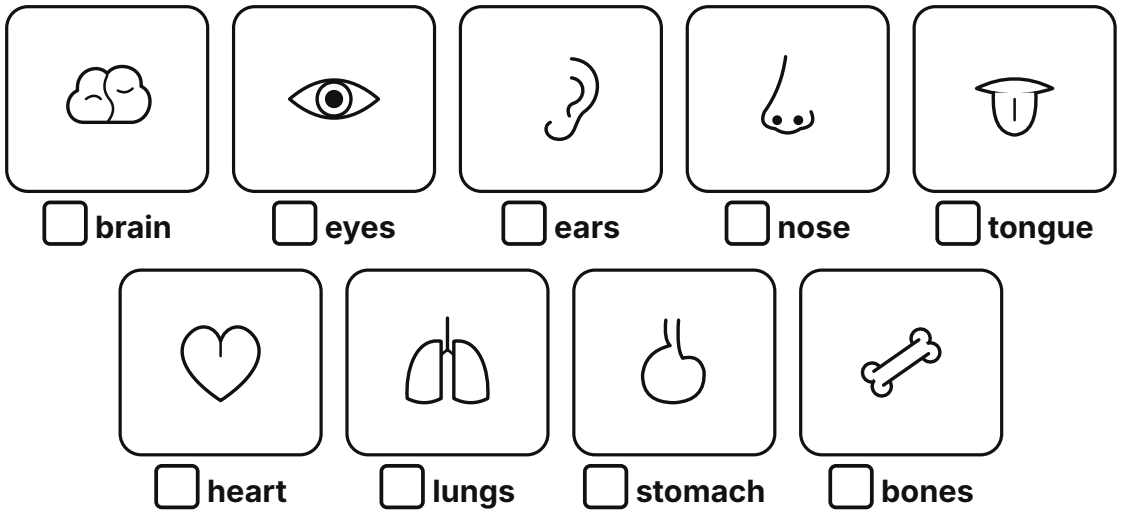
	Stay safe	I did this
	Lie still and flat while your adult draws round you.	☐
	You can say no. You can use a body outline or a teddy instead.	☐
	Ask before you touch anyone.	☐
	Your adult does all the cutting.	☐
	Keep glue away from your eyes. Wash your hands after.	☐

Let's do it

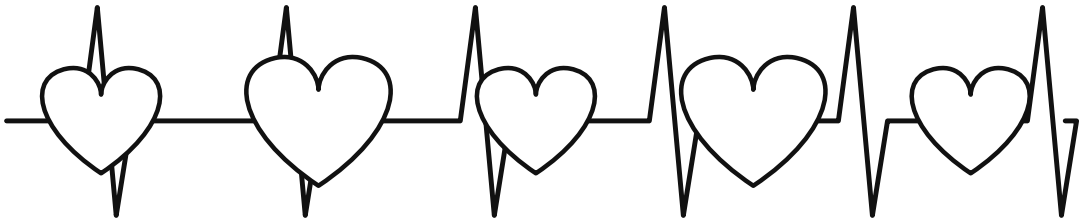
1. Lie down on the big paper.
2. Your adult draws round you with a crayon.
3. Your adult cuts out the body part cards from page 4 of this topic.
4. Stick each card in the right place.
5. Point to each part. Say its name and its job.

What I saw

Tick each part you put in the right place.



DOODLE CORNER



What I found

My heart is in my

chest **head** **leg**

My brain is in my

head **tummy** **arm**

I used my eyes to

see the picture **hear the picture**

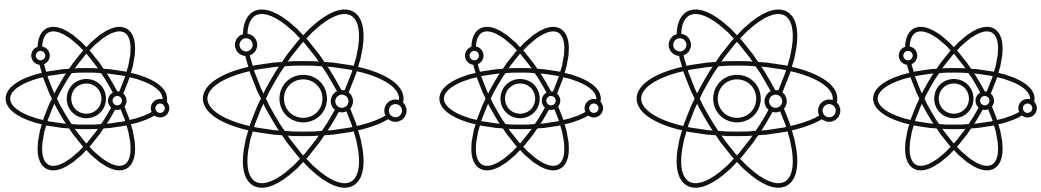
Evidence

My adult saw me…	**Tick**
put four parts in the right place	☐
said what two parts do	☐
took turns and worked safely	☐

Adult's initials: _____ Date: _____

Stick a photo of me doing this activity here, or draw a picture.

DOODLE CORNER



FREE SAMPLE

Living Things and Our Planet (N2 Science)

This sample shows a few pages. The full printed workbook is available from Amazon.

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