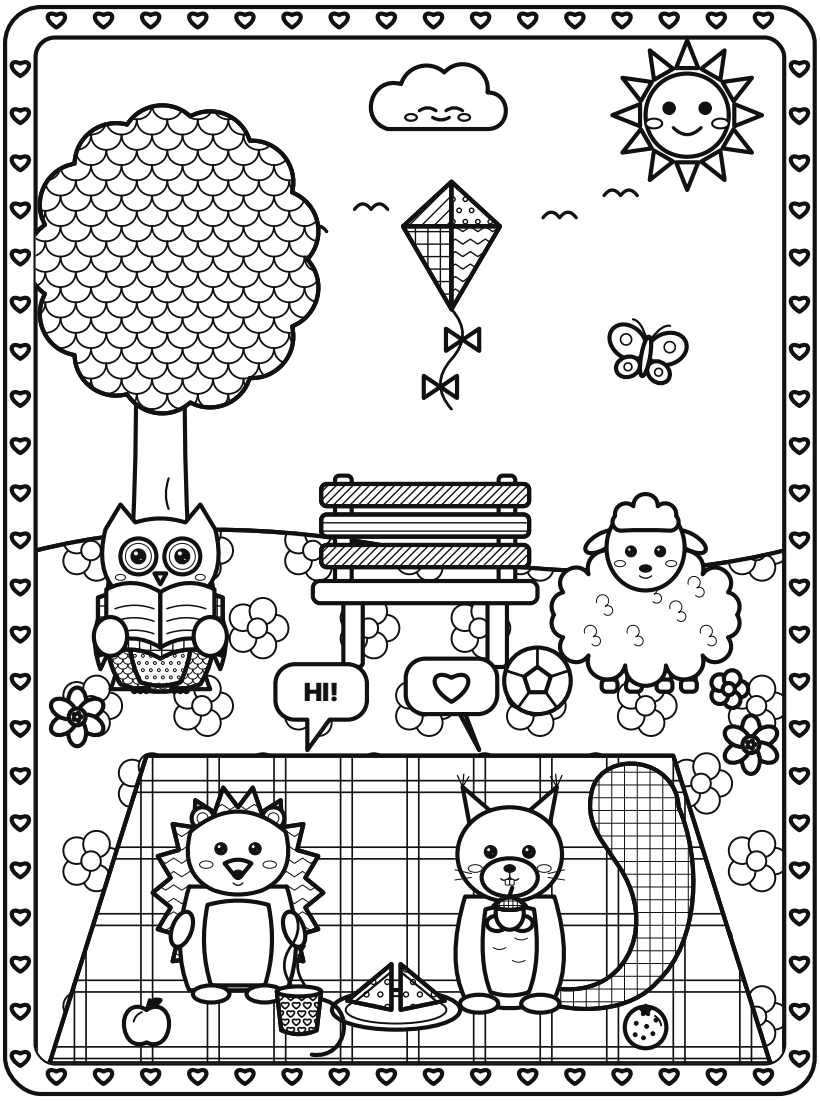
REAL-LIFE SCIENCE

Activity Book

Puzzles, colouring and brain teasers

Companion to the National 3 and National 4 Science workbooks



C. Blewis

Blewis LEARNING

Welcome

This book goes with all three National 3 and National 4 Science workbooks: **Human Health**, **Applications of Science** and **Fragile Earth**. Each topic has the same theme as its workbook topic, with four activities:

IN EACH TOPIC

Colouring page	a picture from the topic to colour in
Word search	find the key words from the topic
Puzzle	a code breaker or a mystery picture, solved with simple sums
Brain teaser	a maze, number puzzle, dot to dot or spot the difference

> **WHEN TO USE IT**
> Use these pages when you finish your work early, at the end of a lesson, or any time you need a calm break.

Contents

Answers are at the back of the book.

UNIT 1: HUMAN HEALTH

Topic 1	What does healthy mean?	**6**
Topic 2	Your heart and pulse	**10**
Topic 3	Fitness and recovery	**14**
Topic 4	Breathing and lungs	**18**
Topic 5	Food and energy	**22**
Topic 6	Germs and hygiene	**26**
Topic 7	Smoking, alcohol and drugs	**30**
Topic 8	Stress and mental health	**34**
Topic 9	Can you believe it?	**38**

UNIT 2: APPLICATIONS OF SCIENCE

Topic 1	Sending signals	**43**
Topic 2	Microphones, speakers and radio	**47**
Topic 3	Satellites and fibre optics	**51**
Topic 4	Plastics	**55**
Topic 5	Smart materials	**59**
Topic 6	Fibres and fabrics	**63**
Topic 7	Materials and the environment	**67**
Topic 8	Hazards and risk	**71**
Topic 9	Staying safe on the move	**75**

UNIT 3: FRAGILE EARTH

Topic 1	Fuels and energy	**80**
Topic 2	Renewable energy	**84**
Topic 3	Metals and their properties	**88**
Topic 4	Getting and using metals	**92**
Topic 5	Our water supply	**96**
Topic 6	Clean water for everyone	**100**
Topic 7	How plants grow	**104**
Topic 8	Farming and food	**108**
Topic 9	Feeding the world	**112**

PART 1

Unit 1
Human Health

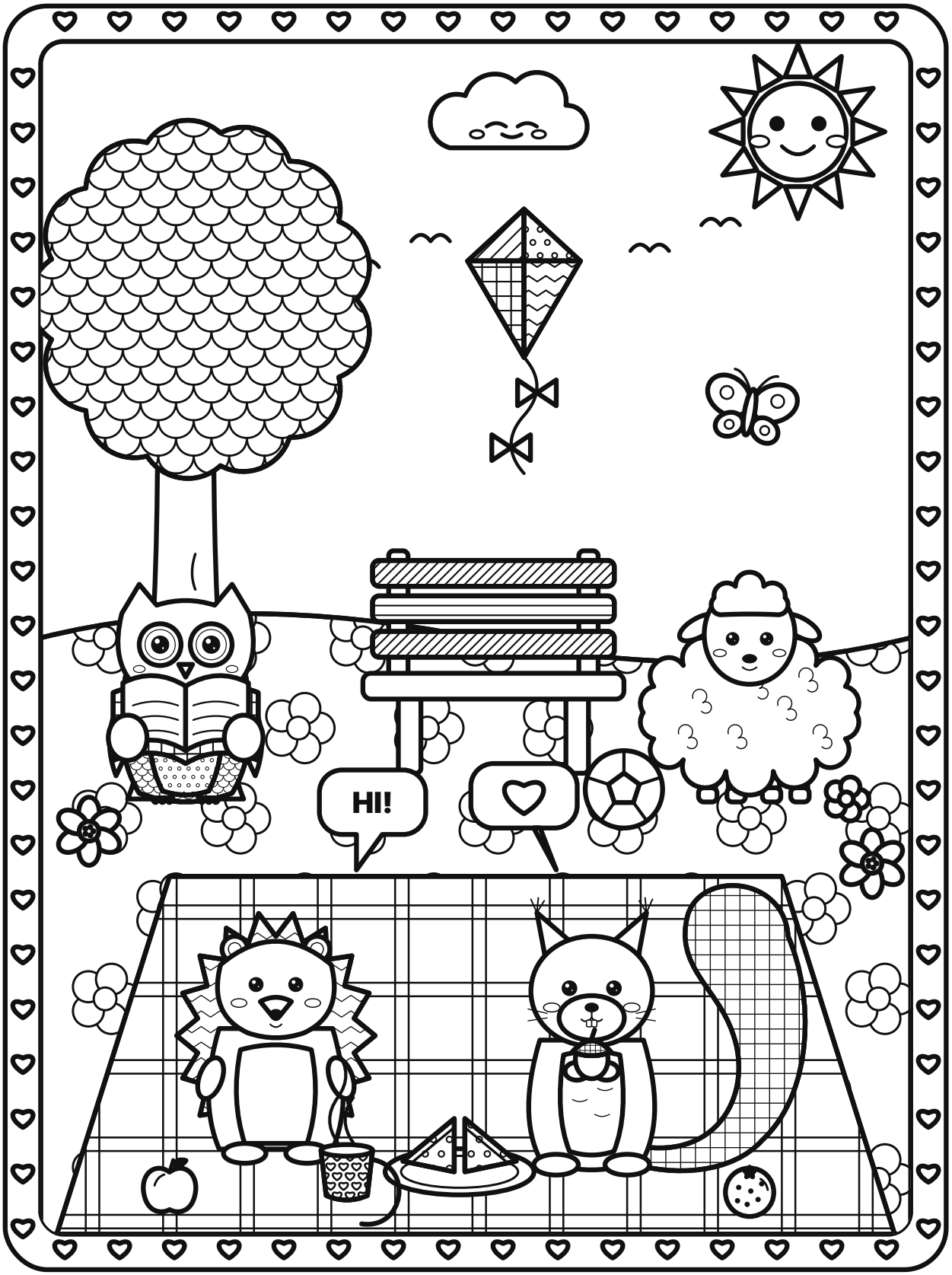
Puzzles and colouring to go with the **Human Health** workbook.

Topic 1	What does healthy mean?
Topic 2	Your heart and pulse
Topic 3	Fitness and recovery
Topic 4	Breathing and lungs
Topic 5	Food and energy
Topic 6	Germs and hygiene
Topic 7	Smoking, alcohol and drugs
Topic 8	Stress and mental health
Topic 9	Can you believe it?

UNIT 1 · TOPIC 1 · WHAT DOES HEALTHY MEAN?

Colour in: Healthy in every way

Colour the picture any way you like. Take your time with the patterns, and try to stay inside the lines.



UNIT 1 · TOPIC 1 · WORD SEARCH

Word search

Find the words from this topic. Words go across, down or diagonally. Tick each word when you find it.

F	W	R	P	W	U	F	D	O	J	E	C	S
W	B	A	U	M	O	W	U	W	F	U	H	A
M	R	C	T	B	B	G	H	U	A	O	E	K
I	O	T	G	E	R	H	B	W	J	P	A	A
N	Y	C	O	W	R	I	N	O	S	C	L	I
D	K	H	R	J	A	F	C	T	D	D	T	M
D	J	M	C	A	S	R	B	Y	A	Y	H	G
G	B	P	A	M	L	I	A	M	N	C	Y	T
W	G	Y	C	I	E	E	L	K	C	J	K	A
N	D	E	T	H	E	N	A	D	A	B	O	P
F	Y	S	I	G	P	D	N	O	R	G	E	N
W	M	D	V	M	N	S	C	G	A	I	T	J
A	G	F	E	M	U	W	E	T	D	B	E	G

- ☐ ACTIVE
- ☐ BALANCE
- ☐ BODY
- ☐ FRIENDS
- ☐ HEALTHY
- ☐ MIND
- ☐ SLEEP
- ☐ WATER

CHALLENGE

Pick three of the words and explain what they mean to a partner.

UNIT 1 · TOPIC 1 · CODE BREAKER

Code breaker

Work out each sum. Write the answer in the small box, then use the key to find the letter. The letters spell out the answer to the joke.

Why did the banana go to the doctor?

1 + 4	14 + 4	16 + 19	18 + 4	2 + 29	14 − 6	48 − 23	half of 36

41 − 4	32 − 21	1 + 10	10 − 4	12 − 7	4 × 2	47 − 20

20 + 15	35 − 24	12 − 6	27 − 21

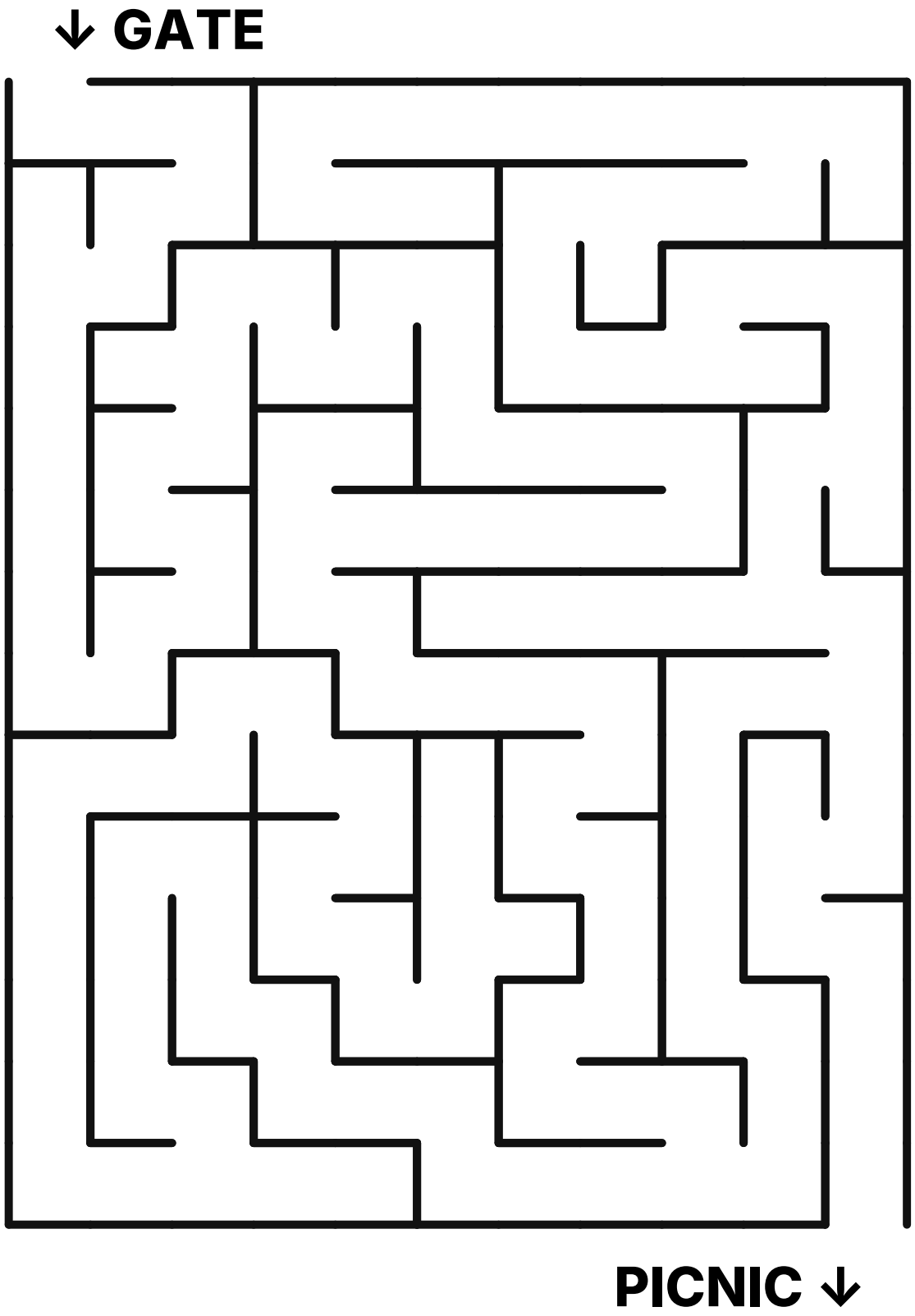
5	6	8	11	18	22	25	27	31	35	37
I	L	N	E	T	A	O	G	S	W	P

Key: find your answer in the top row, then write the letter underneath it.

UNIT 1 · TOPIC 1 · MAZE

Find the way

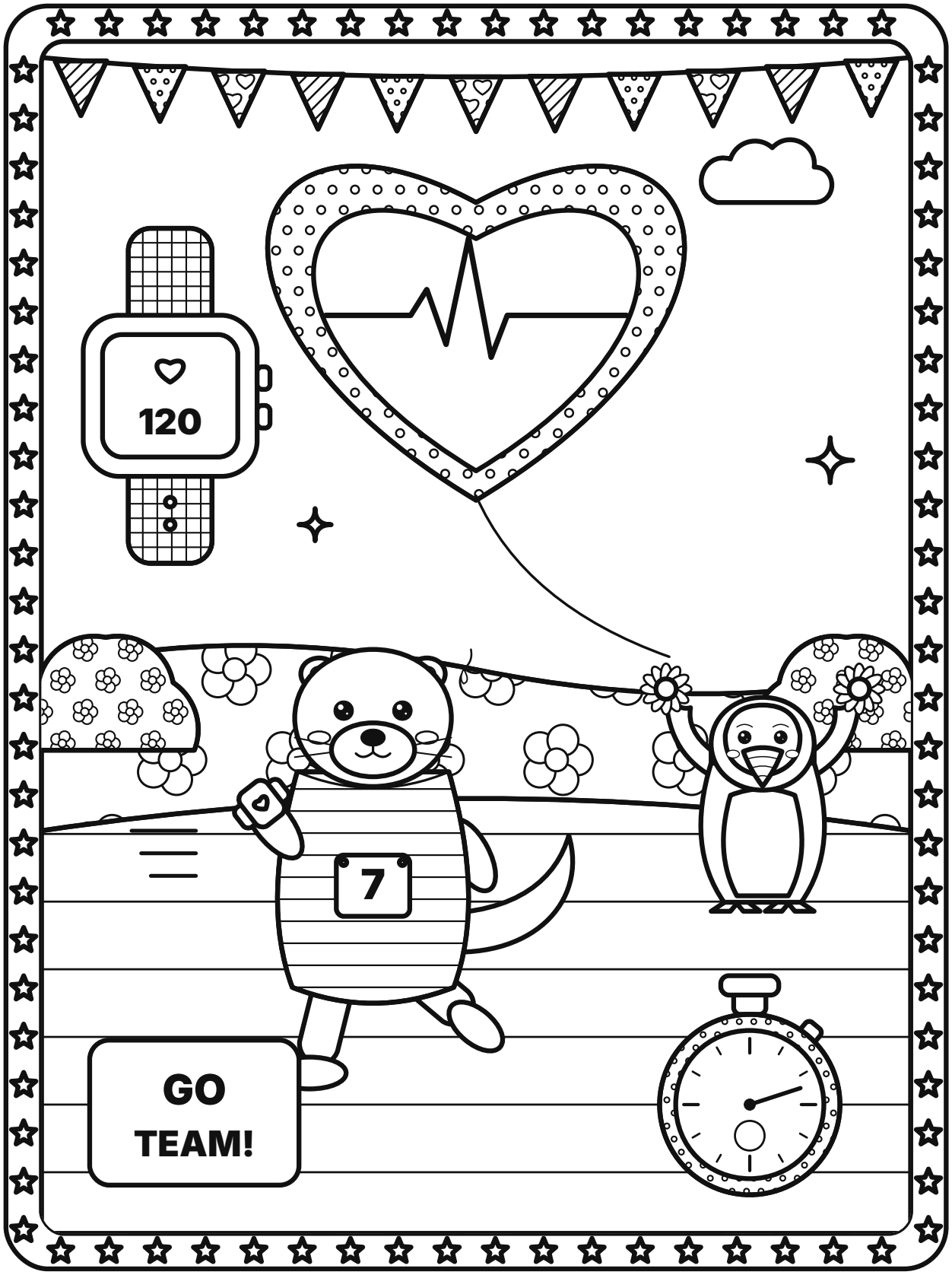
Help the otter find the way from the gate to the picnic.



UNIT 1 · TOPIC 2 · YOUR HEART AND PULSE

Colour in: The happy heart

Colour the picture any way you like. Take your time with the patterns, and try to stay inside the lines.



FREE SAMPLE

Science Activity Book (N3 and N4)

This sample shows a few pages. The full printed workbook is available from Amazon.

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